

Breakfast Plan

A minimum of 3 components must be taken

***A serving of fruit or vegetable must one of the three**

(maximum of 5 components)-Sides must be different or charged A la Carte

ALL FOOD CHOICES MUST BE DIFFERENT

****Fruit choice, fresh or Juice must be taken**

CHOICES

Grain: i.e.

Cereal Bowl

Cereal Bars

Bagel

Muffin

Whole Grain Roll

Whole Grain Snack Cookies

Fruit:

Fresh Fruit, Dried Fruit

4 oz Juice

Fruit Cup

Protein:i.e.

Egg Sandwich

Sausage Biscuit

Ham Biscuit

Breakfast Wrap

Veggies:

Carrot Sticks

Celery Sticks

Dairy: 1% White, Skim, Skim Flavored Milk **2018**

***If 2 of the same**

food components are

taken, or more

than 5 components

selected, there

will be an extra

charge.

****Additional Entrees**

\$1.50